Your local Memory Cafe Wayfinder

What are they?

There are two Wayfinders working full-time with the Cornwall Memory Cafe Network as part of a special project, and each covers a different end of the county.

They are here to provide wellbeing support to all who attend and participate in memory cafes in their area, as well as to provide resources and practical assistance to individual cafes.



How can they help you?

Your Wayfinder can provide advice, guidance, practical support, and referrals to services you may need.

This may include helping you to apply for allowances available to you, getting a grant to pay for something specific you need within the home, guidance on assistive technology, making community connections, arranging for practical assistance at times of real need and introducing activities to engage with.

The Wayfinders are here for you, so do have a chat with them at a cafe, or you can call or email them using their details below.



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In partnership with

